

SHEETLA VIDYAPEETH

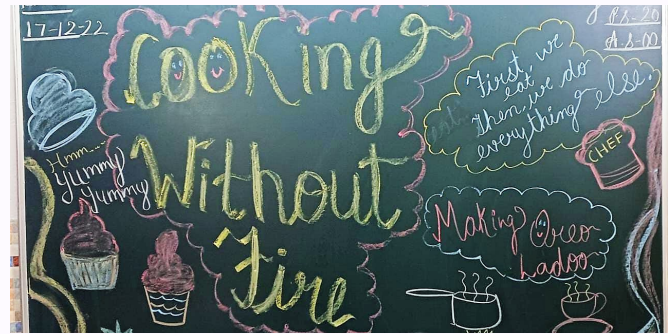
Newsletter Dec-Jan 2023

PRINCIPAL MESSAGE



It gives me immense pleasure to announce that we are all set to nurture young minds with our branch at Jyoti Park, with commitment to develop students of high academic

achievement, intellectual curiosity, and strong moral character. We pride ourselves in a personal approach and focus on the development of character of our students. It is a lifelong exercise that can be unbelievably exciting with the support of our valuable parents.



COUNCIL MEMBER

HEAD BOY: Gaurav Tanwar (XII) HEAD GIRL: Deepika (XII)
SPORTS CAPTAIN: Kiran (X)
CULTURAL SECRETORY: Aarti (X)

PREFECTORIAL BOARD

UTKARSH HOUSE-

SENIOR PREFECT BOY: Sharan (X)
SENIOR PREFECT GIRL: Aarti (XII)
JUNIOR PREFECT: Vishant (VII)
PRIMARY PREFECT: Shivam (V)

SANSKAR HOUSE-

SENIOR PREFECT BOY: Vansh (XA)
SENIOR PREFECT GIRL: Bhumika (XII)
JUNIOR PREFECT: Riya (VII)
PRIMARY PREFECT: Anushka (V)



PRAGATI HOUSE-

SENIOR PREFECT BOY: Vinay (XII -NM)
SENIOR PREFECT GIRL: Mansi (X)
JUNIOR PREFECT: Avantika (VII)
PRIMARY PREFECT: Mitalli (V)

JAGRITI HOUSE-

SENIOR PREFECT BOY: Lucky (XII-COMM.)
SENIOR PREFECT GIRL: Chetna (XII ARTS)
JUNIOR PREFECT: Riya (VII)
PRIMARY PREFECT: Shuvanshu (V)



@sheetlavidyapeeth

@sheetla_global

HEALTHY WEEK

Every Kid Health Week was observed to celebrate school health and wellness achievements. This special week shone a spotlight on the great efforts of the school to improve the health and wellness of our students and the link between nutrition, physical activity and learning - because healthy kids learn better! Everyone in the school got involved and was a part of the celebration to help support sound nutrition, regular physical activity and health-promoting programs in schools in the second week of Dec 2022.

YOGA & MEDITATION

Yoga & Meditation Week was held in the 3rd week of Dec. This explored the practices of meditation and relaxation techniques introduced as an essential part of preparing and moving into meditation. While meditation was the highlight of the week, the curriculum also integrated yoga asana, pranayama and relaxation practices on a daily basis to bring balance into the practice and to make way for the body and mind to be ready for meditation sessions.

FIRELESS COOKING



Our little chefs enjoyed all the sessions of fireless cooking virtually and made some delicious dishes. Hands on cooking activities helped children develop confidence and skill. Following recipes encourage d children to be self-directed and independent, it also taught them to follow directions and develop problem-solving skills. Fine motor and eye-hand coordination skills are developing by chopping, mixing, squeezing, and spreading.

BEST OUT OF WASTE ACTIVITY-

Recycling things is like magic that turns ordinary things into extraordinary. Reduce, reuse and recycle - a phrase most people are familiar with. But, do our children understand its significance and the importance of following it?

We taught our little ones how to conserve resources and reuse them, rather than discard or dispose of them and add on to our mounds of waste. It was a fun way for our children to learn about the importance of the process. It was a great way to keep them constructively occupied.

STICK-PUPPETS ACTIVITY



Our UKGiers had great fun sticking puppets of their favourite animals. They learnt and enjoyed learning about and enacting the wild animals. It was a great way to introduce them to their environment around them and make them aware that certain animals need certain conditions to live.

DRAWING FOR MIDDLE YEARS



“Every Child Is An Artist”

The students showcased their creative skills in drawing & coloring and came up with amazing art work. Each of these drawings was done so beautifully and diligently by the students. It was a treat to the eyes. The fun filled activity conducted in the 4th week of Dec 2022 witnessed an enthusiastic participation by the entire students of Secondary School.

EDUCATIONAL TRIP

An educational trip to Nehru Planetarium was organized for the students of Class VI- VII on 27th Dec 2022 . The students watched the morning show called 'The Ultimate Universe' at the Sky Theatre. It was a very informative and interesting show as they learnt many amazing facts about the various Galaxies in the Universe, along with all the planets of the Solar System. They also learned about the formation and death of stars, different Constellations and where they are found. After watching the show, the students visited the Nehru Museum and learnt about the life of Pandit Jawaharlal Nehru. It was a very informative and enjoyable trip for the students.

CHRISTMAS CELEBRATION

It was surely a Christmas to reminisce at SVP. The school put on a festive look with bells, streamers and a beautifully decorated Christmas tree. Several activities such as decorating Christmas Trees and Stockings and making of Santa Claus were organized for the students. The children were told about the birth of Lord Jesus. The spirit of giving and sharing was instilled among the tiny tots. The ceaseless joy of celebrating the festival was copiously visible on the faces of the children especially when Santa moved around distributing sweets to them. The delightful celebration included children coming in red and white colour party dress, bringing their favourite food in the lunch, dancing and sharing the glee together.



AWARDS & APPRECIATION

Towards the end of the month, the school observed the happy and proud moment of awarding and appreciating the achievers & participants. Students were felicitated for their achievements in fields such as dance, Maths & Science Olympiads & quizzes, Poster Making, Flute, Music and many more talents. School Principal & Chairman congratulated the students on their astounding success. The student Council was also appreciated for their outstanding work throughout the year.

